

# Acne {Scarring}

## Microdermabrasion Treatment

Cleanse:

- Gentle Gel Cleaner: “Removal of debris without irritation”

Tone:

- Salicylic Toner: “BHA/AHA treatment toner”

Exfoliate:

- Perform microdermabrasion treatment on clean dry skin

Setting:

- Vacuum gauge at level 15-20; crystal flow setting at med-high.  
Proceed with a general peeling to the face. Repeat passes (See second pass/approach diagram) on target areas

Remove Crystals:

- Remove excess crystal residue left on the skin with warm towel and or Gentle gel cleanser; follow with Instant Soothing Toner

Treat (Optional):

- Treat skin with enzyme or mild exfoliation after performing microdermabrasion

Nourish:

- Vita C Peptide Serum + advanced LSS™ delivery
- Moisture Booster + hyaluronic acid with LSS™ delivery
- Vital Recovery Concentrate + healing botanicals with LSS™ delivery

MASK

Bio-rejuvenating Mask + cooling essentials activator

Directions for use:

1. Place a towel or a headband over the hairline for protection.
2. Prepare the Bio-rejuvenating Mask:
  - a) Pour pre-measured packet of Bio-rejuvenating Mask into a facial bowl.
  - b) Add pre-measured packet of cooling essentials activator with Bio-rejuvenating Mask.
  - c) Mix quickly and thoroughly until a rich and smooth frosting like consistency is reached.
  - d) Start applying the mask right away, working quickly. Apply the mask with spatula making sure all areas are covered approximately 1/4 inch thick.
  - e) The client may experience a cooling sensation, this is normal
3. Allow the mask to dry completely, peel the mask off with both hands by rolling the edges of the mask from the chin and jaw line.

Nourish:

- Vita C Peptide Serum + advanced LSS™ delivery
- Moisture Booster + hyaluronic acid with LSS™ delivery
- Vital Recovery Concentrate + healing botanicals with LSS™ delivery

Restore:

- Ultra Performing Complex + vitamins A, C, E with LSS™ delivery

Protect:

- Anhydrous Barrier SPF 20 + oil-free concentrate