

Anti-aging {Rejuvenation}

Microdermabrasion Treatment

Cleanse:

- Gentle Milk Cleanser: “Cleanses without dehydration or irritation”

Tone:

- Instant Soothing Toner: “Soothes and calms irritated skins with humectants properties”

EXFOLIATE:

- Perform microdermabrasion treatment on clean dry skin

SETTINGS:

- Vacuum gauge at level 12-15; crystal flow at medium setting. Proceed with a general peeling on the face, until attaining a diffused erythema (Redness due to increase of blood supply). Repeat passes (see second approach/pass diagram) on target areas, especially: lines, wrinkles, scars ...

REMOVE CRYSTALS

- Remove the excess crystal residue left on the skin with a warm towel and or Gentle Gel Cleanser.

TREAT (OPTIONAL)

- Treat skin with an enzyme or mild exfoliant after performing microdermabrasion.

EXTRACTIONS (OPTIONAL)

- Use Instant Soothing Toner

NOURISH:

- Vita C Peptide Serum + advanced LSS™ delivery
- Moisture Booster + hyaluronic acid with LSS™ delivery
- Ultra Performing Complex + vitamin A, C, E with LSS™ delivery

2-PART MASK SYSTEM:

Bio-rejuvenating Mask + cooling essentials activator

Directions for use:

1. Place a towel or a headband over the hairline for protection.
2. Prepare the post-micro mask:
 - a) Pour pre-measured packet of **Bio-rejuvenating** Mask into a facial bowl.
 - b) Add pre-measured packet of **cooling essentials** mask activator with Bio-rejuvenating mask.
 - c) Mix quickly and thoroughly until a rich and smooth frosting like consistency is reached.
 - d) Start applying the mask right away, working quickly. Apply the mask with spatula making sure all areas are covered approximately 1/4 inch thick.
 - e) The client may experience a cooling sensation, this is normal
3. Allow the mask to dry completely, peel the mask off with both hands by rolling the edges of the mask from the chin and jaw line.

NOURISH:

- Vita C Peptide Serum + advanced LSS™ delivery
- Vital Recovery Concentrate + healing botanicals with LSS™ delivery

Restore:

- Ultra Performing Concentrate + vitamins A, C, E + LSS™ delivery

PROTECT:

- Anhydrous Barrier SPF 20 + oil-free concentrate