

Basic Microdermabrasion Skin Treatment

Cleanse:

- Gentle Gel Cleanser: “Removal of debris without irritation”

Tone:

- Instant Soothing Toner: “Soothes and calms irritated skins with humectants properties”

Exfoliate:

- Perform microdermabrasion treatment on a clean skin

Settings:

- Vacuum gauge at level 15; crystal flow at medium setting. Proceed with a general peeling on the face, until attaining a diffused erythema (Redness due to an increased blood supply). Repeat passes (see second approach/pass diagram) on all areas, especially those needing focused attention, such as lines, wrinkles, scars, ...

Remove Crystals:

- Remove the excess residue left on the skin with warm towel and or Gentle Gel Cleanser. Follow with Instant Soothing Toner

Treat (Optional)

- Treat skin with an enzyme or mild exfoliation after performing microdermabrasion

Extractions (Optional)

Tone:

- Instant Soothing Toner: “Soothes and calms irritated skins with humectants properties”

Nourish:

- Vita C Peptide Serum + advanced LSS™ delivery
- Moisture Booster + hyaluronic acid with LSS™ delivery
- Vital recovery Concentrate + healing botanicals with LSS™ delivery

Mask:

Directions for use:

1. Place a towel or a headband over the hairline for protection.
2. Prepare the Bio-rejuvenating Mask + cooling essential activator:

- a) Pour pre-measured packet of Bio-rejuvenating Mask into a facial bowl.
 - b) Add pre-measured packet of Cooling Mask Activator with Bio-rejuvenating mask.
 - c) Mix quickly and thoroughly until a rich and smooth frosting like consistency is reached.
 - d) Start applying the mask right away, working quickly. Apply the mask with spatula making sure all areas are covered approximately 1/4 inch thick.
 - e) The client may experience a cooling sensation, this is normal
3. Allow the mask to dry completely, peel the mask off with both hands by rolling the edges of the mask from the chin and jaw line.

Nourish:

- Vita C Peptide Serum + LSS™ delivery
- Vital recovery Concentrate + healing botanicals with LSS™ delivery

Protect:

- Anhydrous Barrier SPF 20 + oil-free concentrate