

{Chest Area} Microdermabrasion Skin Treatment

Cleanse:

- Gentle Gel Cleanser: “Removal of debris without irritation”
- Gentle Milk Cleanser: “Cleanses without dehydration or irritation”

Tone:

- Instant Soothing Toner: “Soothes and calms irritated skins with humectants properties”
- Salicylic Toner: “BHA/AHA treatment toner”

Exfoliate:

- Perform microdermabrasion treatment on dry skin

Settings:

- Vacuum gauge at level 15-18; crystal flow at 12 o'clock. Proceed with general peeling with the chest area, especially between and under the breasts, avoiding sensitive areas. Repeat passes (See second approach/pass diagram) on focused areas.

Remove Crystals:

- Remove excess crystal residue left on the skin with warm towel and or Gentle Gel Cleanser

Tone:

- Follow with Instant Soothing Toner

Treat (Optional)

- Treat skin with an enzyme or mild exfoliation after performing microdermabrasion

Tone:

- Follow with Instant Soothing Toner

Nourish:

- Vita C Peptide Serum with advanced LSS™ delivery
- Moisture Booster + hyaluronic acid with LSS™ delivery
- Vital Recovery Concentrate + healing botanicals with LSS™ delivery
- Ultra Performing Complex + vitamins A, C, E with LSS™ delivery

2-part Mask

Directions for use:

1. Place a towel or a headband over the hairline for protection.
2. Prepare the Bio-rejuvenating Mask + cooling essential activator:
 - a) Pour pre-measured packet of Bio-rejuvenating Mask into a facial bowl.
 - b) Add pre-measured packet of Cooling Mask Activator with Bio-rejuvenating mask.
 - c) Mix quickly and thoroughly until a rich and smooth frosting like consistency is reached.
 - d) Start applying the mask right away, working quickly. Apply the mask with spatula making sure all areas are covered approximately 1/4 inch thick.
 - e) The client may experience a cooling sensation, this is normal
3. Allow the mask to dry completely, peel the mask off with both hands by rolling the edges of the mask from the chin and jaw line.

Restore:

- Vita C Peptide Serum with LSS™ delivery
- Vital Recovery Concentrate + healing botanicals with LSS™ delivery

Protect:

- Anhydrous Barrier SPF 20 + oil-free concentrate