

## Pedi Microdermabrasion Skin Treatment

Soak feet in warm water: “Prep for Pedicure”

Exfoliation (Options):

- Enzyme Exfoliant + papaya complex
  - Apply to entire area for treatment and massage with warm hands to activate. Apply a hot towel for 1-2 minutes and remove
- Granules:
  - Massage grains or granules for a thorough exfoliation and remove with hot towel

Dry Completely

Microdermabrasion:

Settings:

- Set vacuum gauge at 15; crystal flow at 12 o'clock. Proceed with general peeling to the entire area or area of concern

Remove Crystals:

- Remove with hot towel and or Gentle Gel Cleanser.

Tone:

- Follow with Instant Soothing Toner

Massage:

- Massage with appropriate Pedi cream for hydration

2-Part Mask:

Directions for use:

1. Place a towel or a headband over the hairline for protection.

2. Prepare the Bio-rejuvenating Mask + cooling essential activator:
  - a) Pour pre-measured packet of Bio-rejuvenating Mask into a facial bowl.
  - b) Add pre-measured packet of Cooling Mask Activator with Bio-rejuvenating mask.
  - c) Mix quickly and thoroughly until a rich and smooth frosting like consistency is reached.
  - d) Start applying the mask right away, working quickly. Apply the mask with spatula making sure all areas are covered approximately 1/4 inch thick.
  - e) The client may experience a cooling sensation, this is normal
3. Allow the mask to dry completely, peel the mask off with both hands by rolling the edges of the mask, starting from the top of the knee and or ankle.

Finish the Steps of your Pedicure with Cuticles, Buffing, and Polish.