

Skin for Life Signature Treatment

9-1 Facial Unit

Cleanse: “Depending on SFL Face ID’s”

- Gentle Milk Cleanser: “Cleanses without dehydration or irritation”
- Gentle Gel Cleanser: “Removal of debris without irritation”
- Salicylic Gel Cleanser: “A therapeutic cleanser with maximum benefits”

Tone:

- Instant Soothing Toner: “Soothes and calms irritated skins with humectants properties”
- Salicylic Toner: “BHA/AHA treatment toner”

Exfoliation: May use any of the following

- Micro-dermabrasion Aluminum Oxide and or Organic Grains
 - Setting: Vacuum gauge at level 10-12; crystal flow medium setting.
Proceed with your exfoliation treatment
 - Remove crystals
 - Use toner to remove any residual
- Enzyme Gel + papaya complex
 - Use a face mask brush and apply to the entire face and manipulate for 30 seconds
 - May use motor brush system as a stimuli
 - Then apply steam for 5 minutes or less
 - Hot Towel to the entire face for 1 minute or less
 - Remove Enzyme
 - Apply toner to remove residual
- Renewal Serum 10% + lactic concentrate
 - Apply to entire face and lightly massage
 - Remove with Hot towel
- Galvanic Instrument
 - Apply desincrustation fluid
 - Have client hold cathode
 - Spa professional switch to anaphoresis application to the skin

Extractions (Optional)

High Frequency:

- Apply an unfolded gauze 4x4 to the area of concern
- Apply high frequency apparatus to the area and keep moving for 10 seconds or less and continue to another area of concern

Massage: (Optional) you would not want to perform a vigorous massage to an inflamed acne condition.

- Vita C Peptide Serum + advanced LSS™ delivery
- Moisture Booster + hyaluronic acid with LSS™ delivery
- Ultra Performing Complex + vitamin A, C, E with LSS™ delivery
- May finish with Suction for Lymphatic stimulation

Mask:

- 2-part mask system application
- Revitalizing Mint Mask + camphor, may use cold therapy to support a sedating affect to a skin

Nourish:

- Vita C Peptide Serum + advanced LSS™ delivery
- Moisture Booster + hyaluronic acid with LSS™ delivery

Restore:

- Vital Recovery Concentrate + healing botanicals with LSS™ delivery
- Ultra Performing Complex + vitamins A, C, E with LSS™ delivery

Protect:

- Anhydrous Barrier SPF 20 + oil-free concentrate